

# RAMSAY NEWS

<http://www.ramsaycommunity.ab.ca>

April, 2004



## PRESIDENT'S MESSAGE

Michael Fitzpatrick

Welcome to the beginning of Spring!

And it's about time, right! It's time to start thinking about our gardens again. With that in mind, look inside for some advice on starting an indoor herb garden. Also, get ready to see almost 100 trees being planted by the city in our neighborhood. Brenda Japp and the Beautification Committee are working hard to further the greening of our community.

With so many inner-city issues in the news, I wonder how many people know how much Ramsay participates in inner-city projects? We were one of the principle stakeholders in the South East LRT line that was proposed almost two years ago. We spoke as a community and were well rewarded with our opinions and efforts - just as we spoke for Ramsay School last year. Presently we are being asked to participate in the planning process for the new East Village Development. The RCA board continues to work with a number of inner-city organizations including the Beltline Communities and the Inner-City Schools Coalition. We work closely with the City of Calgary, the Alex Health Centre and the various programs they offer.

Our un-official partnership with Inglewood is also a friendship. *Out West Park* is actually on land designated Inglewood, but Ramsay board member Brenda Japp has worked closely to see that development is beneficial for both communities. That along with the potential amalgamation of our two newsletters affirms our close relationship.

And so everyone, Ramsay is not only a terrific community with great spirit, it also contributes to the general improvement of the Inner-City of Calgary. We do it with solid volunteerism, with dynamic ideas, and with a firm commitment to both the community and our neighbours. Why not come out to the next general meeting and lend your expertise, your energy, and a bit of your time for your community?

### Graffiti

On a different topic, I have had the displeasure of seeing a bout of graffiti hit the area. While members of the community have reported the incidents to both the Ramsay Board and to the Calgary Police, if you have, hear of, or ever witness any crime please inform the Police immediately. It affects all of us! The only way to stop this crime is to protect our community and treat it as a community. By the way, do you know where your children were last night and what they were doing? I like to believe that all the kids in Ramsay are good kids. Let's keep

## ARE YOU FEELING CREATIVE?

The Ramsay Community Association would like to have a new design to represent our community – as a logo, for our new signs, for our newsletter, and maybe even for Tshirts and bumper stickers.

We know Ramsay is full of creative people. We are asking for submissions from community members of all ages! Just think up a design and get it in to the Hall by June 15. It can be created in any two-dimensional medium: drawing, collage, computer, etc. Make sure you put your name, address and phone number onto your submission.

Here are the guidelines:

As part of the Streetscape surveys last year, these ideas kept coming up, and we would like our new design to reflect these:

- *We are a village* - a close-knit community in the middle of a city
- *We are a diverse community* – mix of historical, contemporary and industrial styles, people from all age and ethnic groups and income brackets
- *We are a green community* – design favours organic shapes, surrounded by parks and rivers, community is shaped like a leaf, environmentally friendly

All submissions will be displayed as part of the festivities at Ramsay Day. Community members will have a chance to give their comments and choose their favourites. We will also have some fun prizes. We cannot guarantee that any design will be chosen, but we will have a lot of fun reviewing your ideas!

For more information, please call Beth at 269-4199 or [bethcarter@shaw.ca](mailto:bethcarter@shaw.ca).

it that way.

I hope to have Teresa Young attend the Community Meeting of April 6<sup>th</sup> to discuss Block Watch for our area. Please everyone - keep an eye out for your neighbours and they will keep an eye out for you.

— Michael

**Don't Forget — Ramsay Community Association monthly meeting takes place the first Tuesday of every month – 7 pm in the Lower Hall**

<b>Position</b>	<b>Name</b>	<b>Contact Info</b>
Co-President and Vice President – Internal & Chair, Membership	Michael Fitzpatrick	294-0752 fizz@telus.net
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Secretary	Ev Bell	259-3753 evbell@telus.net
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Member	Beth Carter	269-4199 bethcarter@shaw.ca
Member	Brenda Japp	264-7137
Member	Allan Baker	237-7927 bakerpals@shaw.ca
Member	Angie Maeots	313-2677 a_mae75@hotmail.com
Community Hall	Karen Lowry	265-4898
Summer Sports	Vacant	
Winter Sports	Vacant	
Casino	Pat Baker	237-7927 bakerpals@shaw.ca
Ramsay School Liaison	Catherine Cartmill	265-4898
Beautification	Brenda Japp	264-7137
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	Karen Lowry	265-4898
	Dawn Blair	265-4898
Heritage	Angie Maeots	265-4898
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Newsletter layout:	Fred Holliss	815-3733 fred@holliss.ca

## MEETING NOTICES

### Next General Meeting

Tuesday, April 6, 2004  
Ramsay Community Lower Hall, 7 pm  
Childcare available.

### Next Ramsay Community Board Meeting

Tuesday, April 20, 2004  
Ramsay Community Upper Hall, 7 pm

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## KEY POLICE CONTACTS

If you see crimes in the area, please contact the police by phone or e-mail.

The police in our area are:

**Inspector Dan Jahrig Badge #1763**

**Sgt. Blair White Badge # 2783**

**Staff Sgt. Dean Stobo # 2519**

To e-mail any police officer the address is: pol(badge #)@calgarypolice.ca  
(eg. to e-mail Dan Jahrig, pol2783@calgarypolice.ca).

## Newsletter Contributions

Any community member is welcome to contribute to this newsletter. The deadline for submissions for each upcoming month's issue is the 20<sup>th</sup> of the preceding month. Please email your contributions, comments, and articles to:

[news@ramsaycommunity.ab.ca](mailto:news@ramsaycommunity.ab.ca)  
or drop it off at the Ramsay Community Hall, 1136 8 St SE

## ADVERTISING

Ad size	Per month
business card	\$35
1/4 page	\$55
1/2 page	\$80
Full page	\$140
Flyer Inserts	\$75

### NOTE: New reduced rates!

The perfect way to communicate with your neighbours! The Ramsay News is a non-profit newsletter offered free of charge to the community each month. With a circulation of 1200, the Ramsay News is a fun and affordable way to advertise your business. Submission deadline is the 20<sup>th</sup> of each month.



## **JOIN THE NEWSLETTER TEAM**

DO YOU HAVE SOME GREAT IDEAS for improving our newsletter? Are you interested in writing, history, photography, or current events? Do you have a bit of time to take a walk through our beautiful neighbourhood and deliver newsletters? Or approach advertisers? If so, please contact Beth Carter at [news@ramsaycommunity.ab.ca](mailto:news@ramsaycommunity.ab.ca) or 269-4199.

## **THANKS TO THE CALGARY SUN...**

WE HAVE A BRIGHT RED BOX now installed in front of the Ramsay Community Hall to help us distribute newsletters to the community. If you have not received your newsletter, or would like an extra copy, you can pick one up here!

## **RAMSAY DAY UPDATE**

WE HAVE SET THE DATE for our Ramsay Day celebrations for Sunday, June 27th, 2004. After a very successful first event last year, we hope that even more people will come and enjoy the parade, games, food and activities.

We will be working with Xstine Cook and the Calgary Animated Objects Society (CAOS) to plan some amazing new events. Start planning for the first annual Great Ramsay Kinetic Sculpture Race and Stroller Rodeo! Win fame, acclaim, and ridiculous prizes! We are planning some workshops through the month of June to help you build your kinetic sculptures. Watch for more details in next month's newsletter.

We are also looking for talented community members who might like to participate - do you play an instrument, sing, juggle, walk on stilts? Let us know! For more information, call Ev at 259-3753.

## **Ramsay Community Hall**

### **Space for rent**

**BIRTHDAY PARTIES**

**WEDDINGS**

**ANNIVERSARIES**

**MEETINGS**

**Etc.**

Is your space too small?

Come and check out the hall!!

For more info & prices contact Karen: 265-4898

# CLASSIFIED ADS

*A free service for Ramsay community members. Submit your classifieds by the 20<sup>th</sup> of the month to [news@ramsaycommunity.ab.ca](mailto:news@ramsaycommunity.ab.ca).*

**For Sale** - 85 Le Baron convertible. Good body, top excellent, good tires, engine needs some work. Original owner. Have records. \$1,000 or obo. 294-0752.

**Clairvoyance** meeting of Thursday next is cancelled due to unforeseen circumstances.

**Renovations Karma** - Many of us are undergoing our own renovations in Ramsay, myself included. Why not put in and get some renovations karma. Call me, James, at 283-0248 or email [jpduggan@shaw.ca](mailto:jpduggan@shaw.ca) and let's talk about forming a group to help each other on these weekend warrior projects.

**Babysitters** - I am looking for babysitters in the neighbourhood for occasional evenings. Call Beth at 269-4199.

**For Rent** - The Alexandra Centre has two-office space for long-term lease. Preference will be given to non-profit organisations that work for the Tri-area. Contact Leslie at 269-5854 for further details.

**Space Available** - Right here in your Ramsay Community Newsletter. With a circulation of over 1000 we reach everyone in your community. Place your ad with us, or if you're just looking to announce your garage sale or whatever, submit a classified ad today!

## **MOTHERS DAY RACE TEAM**

A team of students from grades 4-7 at Ramsay School are starting to practice for the annual Mother's Day Walk and Race on May 9, 2004. This year's team promises to be the biggest one we have had in four years. Students can choose to run or walk 5 km or run 10 km. A number of parents will also be participating. Students are getting into great shape and enjoying the early spring air by running up and down the hill behind the school! Way to go, team!





## BEAUTIFICATION

Brenda Japp

### OUTWEST PARK NEARING COMPLETION

AFTER 2 YEARS OF MEETINGS, negotiating and fundraising, we are pleased to announce that the renovations to Outwest Park will be starting as early as May. We look forward to having a beautiful new park to act as an entrance to both Inglewood and Ramsay.

#### *Why has this project taken so long?*

What at first seemed like a simple small park project was actually a very confusing tangle of ownership and maintenance. Half of the land was actually owned by the City of Calgary Streets and Roads, and the other half was owned by CP Rail. After much discussion and negotiation, the City of Calgary Parks and Recreation Department has agreed to lease the land from CP Rail for 25 years in return for maintenance of that land. The other half of the land will be transferred from Streets and Roads to Parks.

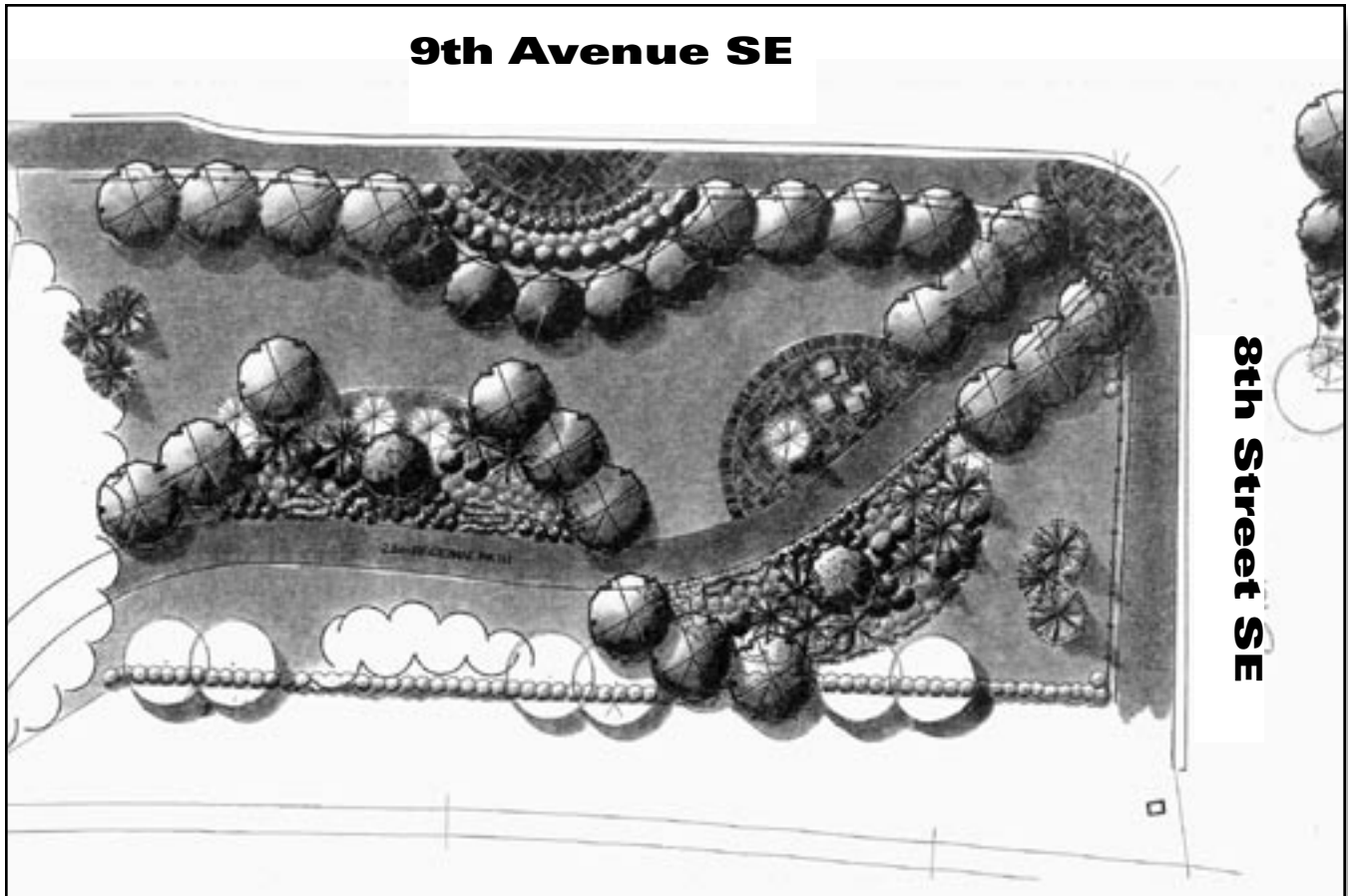
Security and safety were the other big issues. With the assistance of Browning Design of Inglewood, who donated many hours to this project, a new space was designed that was visually open and secure. The park will be grassed with shrubs and some flowering trees, a colonnade of elm trees and an archway entrance at the 9<sup>th</sup> Ave and 8<sup>th</sup> St Corner. The bike path will also be changed to curve down to the 9<sup>th</sup> Ave & 8<sup>th</sup> St Corner. A short wrought iron fence will run along the sidewalk on 9<sup>th</sup>

Ave. There will also be an art component separately funded in the near future with a competition for design, which will be installed into the park. As well Servants Anonymous may be involved in a ground mosaic as an art feature.

We gathered at total of \$93,000 for this project from the funders listed below and would like to thank them all for their very generous support in helping make this project possible.

\$43,000	The Alberta Lottery Fund
\$15,000	The Calgary Foundation Neighborhood Grants Program
\$15,000	The Partner Parks Foundation
\$10,000	CP Rail
\$3,000	The Ramsay Community Association
\$3,000	The Inglewood Community Association
\$3,000	The Calgary Stampede
\$3,000	The Calgary Flames
\$1,000	The Inglewood BRZ

As well as Ray Spiteri from the Inglewood Community Association, many people from different agencies assisted with the development of this project including our Alderman Joe Ceci, Twila Jasper (Joe's Assistant), Garry Browning, Archie Lang, Keath Parker, Keith Davies, Don Basarsky, Bruce Nimmo, Ike Zacharopoulos, Fred Green, Darci Park, Harold Pinnell. We would like to thank them for all their time and support with this project.





## CIVIC AFFAIRS

Janice Thoroughgood

**CIVIC AFFAIRS MET** on Monday, March 8 and we had a fantastic turnout – thanks to everyone who came out. There were three presentations for new developments in Ramsay.

Architect Richard Davignon of ordA and his clients presented their plans for 1103 Maggie Street. This is currently an empty lot, and overall everyone liked the design. Richard and his clients are looking forward to getting started, and once the final designs are ready a formal DP will be made.

DP2004-0311 for an expansion to an existing home at 909 11 Avenue SE was reviewed. Unfortunately the committee and the City felt the expansion was too large for the size of the existing lot.

We also reviewed more finalized plans for the old Ice Cream Store on Belleview and McDonald. This is going to be a multi-use building with residential, commercial and convenience usage. Comments that perhaps some more windows could be added to the back of the building were passed onto the owner. There should be a formal DP for this property soon.

Loose Moose Theatre is hoping to become a part of Ramsay. They have filed DP2004-0234 for 1902 11 St SE, which is the Alzheimer Society's old space. Civic affairs are meeting March 22 to review. See the next month's newsletter for comments.

Are you thinking of doing some building this summer? The City of Calgary has some excellent information on their website about building and development permits. Check out [www.calgary.ca](http://www.calgary.ca) and go to City Business > Licenses and Permits.



## TRAFFIC CALMING UPDATE

Janice Thoroughgood

A **TRAFFIC SURVEY** regarding the possible closure of the south end of Spiller Road was circulated at the February 3<sup>rd</sup> General Meeting. Approximately 60-70 members were in attendance, and 34 survey forms were returned. Of these, 29 stated NO to closure of Spiller Road, 4 indicated YES with conditions, and 1 gave no opinion. This number reflects the opinion of approximately 55% of the membership. The RCA Board of Directors has forwarded a letter outlining the results of this survey to the Stampede, as well as Alderman Joe Ceci, Mayor Bronconnier, and the City Planner, indicating that Ramsay Community prefers a tunnel under Spiller Road rather than a road closure.

For more information, please contact Janice Thoroughgood at [j\\_thoroughgood@hotmail.com](mailto:j_thoroughgood@hotmail.com).



## BEAUTIFICATION

Brenda Japp

**OVER THE LAST YEAR** the Beautification Committee has been working on implementing several projects that have been in the works for some time. We have also started a series of slide shows called Art & Architecture Tours with architect Gerry Forseth. These slide shows are very informative and show beautiful sights from around the world. His first talk was an overview of Vietnam, Cambodia and Laos. The second show covered amazing scenes from Egypt, Jordan, the Nile and the Lost City of Petra. We will cover Mexico City and Tuscany in future shows. Everyone is welcome. Come meet some neighbors and see some otherworldly sights!

## STREETSCAPE

The Streetscape Project concept plan has been completed by Architect Marc Boutin and we have begun fundraising to implement Phase One. This will include new signage and landscaping at our north and south entryways, as well as landscaping and seating around the exterior of the Community Hall. We also hope to introduce a boulevard to help slow traffic in front of the Hall, with landscaping and unique sculptural lighting.

These exciting enhancements to our community will provide community gathering places, and encourage safer, more pedestrian friendly streets, beautify the neighborhood in general and convey a clear message to visitors and residents that this is a community that is an aware, active, and creative – a community that cares.

Thanks to Marc Boutin for his many volunteer hours in this project and all the Streetscape Committee members – Brenda Japp, Beth Carter, Al Cushing, Janice Thoroughgood, Martina Jileckova, and Christina Greco for all their hard work and valuable time.

## TREES

This year we have continued to request more trees for our community. To date we have received approximately 180 trees throughout Ramsay including the trees planted in the *Day of Caring* and the *Forever Green Project*. Things are certainly getting greener!!

This year Urban Forestry has confirmed that we will have another 55 trees planted in the late spring on 17<sup>th</sup> Ave, 18<sup>th</sup> Ave and 22<sup>nd</sup> Ave. We are filling in some empty spots and planting empty boulevards. We will continue to liaise with the folks at Urban Forestry throughout the year and plan for more trees in the coming year. Thanks to Urban Forestry for helping make Ramsay a lovely, **green** place to live.



The Alex is committed to improving the health of individuals facing multiple barriers.

## The Alex Health Vice



## 50/50 Challenge April 7-May 7, 2004

Is there something in your life that you are doing (or not doing) that is not enhancing your overall health? The Health Vice Challenge is an opportunity to give up (or add) something to your life for 30 days.

*"I loved it! It was a fun way to get doing what I wanted to do anyways. Taking the Challenge as part of a group effort helped with the motivation and follow through. In the month of the Challenge I acquired a new habit (working out 4 times a week) and I've replaced an old habit (being too tired to work out at the gym). I feel energized and positive about my ability to continue with the change. It was the jump-start I needed." Chris*

Entry forms and information are available on The Alex website ([www.thealex.ca](http://www.thealex.ca)) or from The Alex. It's only \$20 to enter and you could win some money like Glenn who received \$410 after the trial run of the Health Vice Challenge.

### Join The Alex's Youth Council

Empowering youth ages 12-18. Make your neighbourhood more youth friendly. Gain valuable skills and experience... make a difference.

### Volunteers Grow Communities

The Alex has a great variety of volunteer opportunities delivering programs and services to the community. To volunteer or find out more, call The Alex.

Available volunteer roles include:

- Help plan and organize fundraising events.
- Provide direction and input through the Board and advisory committees
- Help feed the hungry (drivers license and access to a van or truck required)
- Work directly with clients on the Health Bus
- Use a variety of skills (laundry, maintaining resource materials) at the Laundromat

### "Girl Power" Pyjama Sleepover

Are You a Girl Between 11-13 Years Of Age and interested in a fun filled sleepover including movie, popcorn, art, t-shirt painting, breakfast and yoga? Girl Power focuses on fun and self-esteem by developing our awareness of being a girl in today's society. From Friday, April 30 @ 7:00 pm until Saturday, May 1 @ 11:00 am. At the Ramsay Community Hall (1136 - 8 St SE - on The #24 Bus Route). Registration is required for this free event. Call Jessica at The Alex or e-mail [youth@thealex.ca](mailto:youth@thealex.ca)

### Family Dinner Series

The Alex is working with community members in Inglewood, Ramsey and Victoria Park to organize a community dinner once a month. The idea is to bring people together who would otherwise not have the opportunity to connect with one another. If you are interested in helping with the cooking, planning, promoting or other part of this event, call Elke or e-mail [cd@thealex.ca](mailto:cd@thealex.ca)

# ALEXANDRA CENTRE SOCIETY



## A NEW PARTNERSHIP!

We are pleased to welcome the Inglewood Child Development Centre (ICDC) as a new partner at the Alexandra Centre. ICDC will be offering a satellite childcare program on the newly renovated second floor of the Alexandra Centre building. This new partnership represents our common interest and dedication to providing quality programming to Tri-Area families and children.

## YOUTH DANCE

If you are between the ages of 13 to 17 years you are welcome to the Youth Dance to be held on May 7 from 7.00 p.m. to 11.00 p.m. at the Alexandra Centre Hall. There will be a disc jockey in attendance and just \$2 door charge per person. However there are just 175 tickets available. The dance is sponsored by the Alexandra Centre Society and proceeds will go to the local Pathfinders.

## INCOME TAX

Worried about your taxes? Many people don't know how to complete their income tax and are unable to pay for assistance. The Alexandra Centre Society will once again be doing volunteer Income Tax for those in the low-income bracket. This service is only for those living in Inglewood, Ramsay or Victoria Park communities. We are also looking for volunteers to do Returns. Last year almost 140 people took advantage of the free service. Thank you to our volunteers for doing such a wonderful job.

## For more information, contact Pia at 269-5588.

Please bring the following to the offices to have your income tax done:

- All T4 slips or any other type
- 2002 Income Tax assessment

## ANNOUNCEMENT - NEW AGM DATE!

Please take note of our Annual General Meeting Notice. The meeting date has been changed due to circumstances beyond our control.

Notice is hereby given that the **Annual General Meeting** of the Alexandra Centre Society 922 – 9<sup>th</sup> Ave. S.E. will be held on Wednesday **May 5, 2004 at 7.00 p.m.**

RSVP by April 30, 2004 at 269-5588

We look forward to seeing you there!

Refreshments will be served

## Are you interested in car sharing?

Need a car... sometimes? We are presently gathering information looking into car sharing initiatives. This idea will only go forward if there is committed interest within the community.

## THE GOOD NEIGHBOURS RESOURCE CENTRE

The *Good Neighbours Resource Centre* was first proposed at a conference in November 2002, and we have been working to develop this for the last year. The Centre will be available for the Tri-area residents, and will be an interactive support facility with multiple components to address several streams of needs in the community.

The Resource Centre will have four areas of focus:

- 1) Families
  - Family Resource Centre
- 2) Housing
  - Housing Resources
- 3) Planning Library
  - Community planning resource library and central meeting room
- 4) Education
  - Workshop or Speaker Conferences & Training

Our Family Resource Centre will provide educational, support and social opportunities to area families and children. We are presently gathering a child-care database. If you are interested in child-care providing, sharing or trading time, or are looking for childcare, call Pia at 269-5588 and register.

## A Tribute to Margaret

The Board and staff of the Alexandra Centre Society would like to pay tribute to Margaret Vollans, one of our most dedicated volunteers. She was on all casino lists and worked on every possible event, for all community organisations. You may have seen Margaret at the Alexandra Centre as our resident "Santa's Elf" happily wrapping Christmas gifts and hampers. Recently, Margaret volunteered to help with everything from painting walls and planting flowers to baking cookies for lucky Society staff and visitors. Margaret was a friend whose smile and twinkling eyes we will miss dearly. Margaret passed away on March 2, 2004 at the age of 58.

**OOPS!** We forgot to thank the Down Under Club for their contribution to our Christmas hampers. Thank-you!





## A MULTI-TASKING HISTORY

Beth Carter

HOW MANY BUILDINGS have functioned as a grocery, an apartment building, a Buddhist monastery and a puppet workshop?

The Frank Block, situated at 1024 – 17<sup>th</sup> Avenue SE, can claim this multi-tasking history. The building was constructed by Louis Frank in 1912 for a cost of \$3500. There is no record of an architect. At the time, it had three apartment suites upstairs and a commercial grocery on the main floor. Mrs. Flora Jane Allison ran the first store, from 1913-1916, and lived in the building with her husband, CPR Engineer William C. Allison and their children.

Louis Frank sold the building in 1917, and in the next few years there were several other short-term owners. Charles M. Shell bought the building in 1922. Shell was born in Laddonia, Missouri in 1879 and moved to Canada in 1904. He homesteaded in the Dog Pound district, and finally moved to Calgary in 1921 where he became an employee of Revelstoke Sawmills. Shell lived in the building with his wife Helena. He died in 1949.

The next major tenant was Sydney C. Cooper, who ran a grocery in this location for over 50 years, from 1923 – 1974. Mr. Cooper was born in London, Ontario in 1888 and moved to Lacombe in 1892 and then to Calgary in 1904. Cooper and his wife Selma lived in the building during the 1920s, and moved to a nearby house in 1929. They also established a

second S.C. Cooper grocery store in Inglewood. The Coopers became well-known in the community and are said to have extended credit to needy customers.

In the 1950s, the building was purchased by Morris and Polly Srolovitz as a revenue property in the name of their daughter Sarah, who owned it until about 1977. Hanson Chan then purchased and renovated the building to make it entirely residential, including the former storefront. From 1987 until 1996, the building became the Avatamsaka Buddhist Monastery, a part of the Dharma Realm Buddhist Association that was founded in 1959. The monastery later moved into the old Mountain Equipment Coop building.

In 1996, puppeteer Ronnie Burkett renovated the three upstairs suites into one living space for himself, and modified the main floor for use as studio space for his puppet workshop. The current owners, Scott Mushens and Janice Thoroughgood, have retained this layout.

One building, 92 years of history and four careers – what a fascinating building in our fascinating community!

*Thank you to Harry Sanders for sharing his research report on this building. The information in this article was gathered through the City of Calgary Archives, the Glenbow Archives, the Henderson directories, various tax and insurance records, and personal interviews.*



1024, 17th Ave SE





# GROW YOUR OWN HERB GARDEN!

Article by Lauren Bonar Swezey reproduced from Sunset Publishing Corp., 1999.

Growing an indoor or kitchen herb garden is really quite simple and very rewarding. Given the proper conditions, a surprising number of perennial herbs thrive indoors. Those listed here grow best near a sunny window where they will get at least five hours of bright light daily. Try not to place them in the direct sunlight as this will dehydrate and eventually kill the plant. Start your plants from seed, which can be purchased at nurseries, D.I.Y. stores, etc. Or buy small plants from the same vendors. Many nurseries and some supermarkets sell herbs in 3-inch plastic pots. When you bring the herbs home, set the pots near a window and let plants settle in to their surroundings for a few weeks. Then transplant them into individual 6-inch or larger pots filled with a fast-draining potting mix. During the darkest winter months, you may need to supplement sunlight with fluorescent light. Potted herbs are doomed to a quick death if over watered: Allow the soil to dry slightly between waterings. Hold back on fertilizer during winter, and then feed with liquid fertilizer once or twice monthly starting in spring. If aphids or whiteflies infest plants, control by spraying with a solution of 1 cup of water laced with 2 or 3 drops of dishwashing liquid.

If you would like to send your herb garden outdoors for the summer months, you must first harden the plants off. This is done by placing the plants outside **in the shade** for 10 or 12 days and bringing them inside each night. After this process, the plants can be placed (in their same pots) or replanted wherever you'd like them in your garden.

The follow list contains information on some of the most popular herbs but don't stop here if you have more exotic tastes – there are many more herbs to explore and savour. Check out nurseries, the web or library for more information.

**Sweet Basil** (*Ocimum basilicum*) Use the leaves fresh in salads, pasta dishes and curries. Grow in a sunny place, thin the seedlings to 8 to 10 inch spacings and don't over-water.

**Chives** (*Allium schoenoprasum*) have a delicate onion favor. Chinese chives (*A. tuberosum*) have a mild garlic taste. Don't harvest the whole clump at once; cut small bunches of leaves back to the soil level to keep new ones coming.

**Mint** (*Mentha*) Peppermint and spearmint, in particular, grow well in pots.

**Oregano** (*Origanum vulgare*) Try pungent Greek oregano (*Origanum vulgare hirtum*), peppery Cretan oregano (*O. onites*; also called pot marjoram), or Italian oregano (*O. majoricum*), which blends the flavors of oregano and sweet marjoram.

**Parsley** (*Petroselinum crispum*) Used for flavouring and as a garnish. There are two types - curled and Italian. Curled has tightly curled foliage while Italian has broad, flat leaves and a stronger flavour. Leaves may be stored fresh in a jar in the refrigerator or dried for later use.

**Rosemary** (*Rosemarinus officinalis*) Grow a compact upright variety like 'Taylor's Blue' (trailing types aren't particularly flavorful). A cooking herb, used dried or fresh. Flowers are pale lavender blue and the whole plant has a "balsamic smell". Soil must be kept moist.

**Sage** Try 'Berggarten' or dwarf sage (*Salvia officinalis minimus*). Harvest plants regularly to keep them productive.

**Thyme** 'English Thyme' and 'Narrow Leaf French' are standard culinary varieties. For distinctive flavors, try caraway thyme (*Thymus herba-barona*) or lemon thyme (*T. citriodorous*).



# VOLUNTEER OPPORTUNITY

## INGLEWOOD/RAMSAY YOUTH JUSTICE COMMITTEE

INVITES YOU TO BECOME INVOLVED IN A  
COMMUNITY-BASED  
APPROACH TO YOUTH CRIME

The committee works with youth who have committed an offence or are at risk of offending in the community. The committee facilitates understanding between youth, victims and the community as a whole in reconciling relationships and encouraging responsible and healthy community membership.

The benefits of a Youth Justice Committee can make a difference in your community.

The committee asks for between 2-5 hours per month and offers training and the chance to work with a dynamic and dedicated group.

FOR MORE INFORMATION, PLEASE CONTACT:  
Jessica Spence-Sales 266-2622 ext. 218  
youth@thealex.ca

## **NEW LEASE FOR POINT OF ART SOCIETY**

Calgary City Council has approved a new 5-year lease for the Point of Art Society building. The years of sub-leasing and paying rent to an absentee landlord are over and the Point of Art Society is finally able to manage their studios and gallery in Ramsay on their own. "This will give us the opportunity to do some much needed renovation and upgrading of the existing facility, while offering more affordable studio space to artists," says Elizabeth Dunn, president of the society. "We are also planning to replace the small upstairs gallery with a larger, more easily accessible gallery on the main floor as a venue to exhibit the work of the more than 30 artists involved with the Society."

The Point of Art Society is a not-for-profit cooperative association of artists that was incorporated in 1998. The Society has expanded to include artists who work outside The Point Art Gallery & Studios, and currently, we have 34 member artists. We believe that we are the largest artist-run gallery and studio in Canada. Visitors to the gallery are impressed by the range and quality of work exhibited and the excitement and energy present

in the space, but regularly comment to the effect that the existence of the gallery is one of the best-kept secrets in Calgary-- a situation we have every intention of remedying. Monthly shows featuring individual members' work are held in The Point Art Gallery & Studios complex. An ongoing display of members' work is maintained in the hallways of the complex. City Hall's decision will be a great bonus to the arts community and to the city at large. City council, we thank you!

Come by to see us soon!

### **Point of Art Gallery**

1139 - 11th Street S.E.

Tel. 265-6867

[www.artpoint.ca](http://www.artpoint.ca)

For more information, contact Elizabeth

Laishley, at 247-1428 or

[elizabeth@artviewconsulting.ca](mailto:elizabeth@artviewconsulting.ca)



# Yoki & Jeff's Real Estate Report

## January to present 2004 Sales

	RAMSAY			INGLEWOOD			BRIDGELAND		
	# of Sales	Avg. List Price	Avg. Sale Price	# of Sales	Avg. List Price	Avg. Sale Price	# of Sales	Avg. List Price	Avg. Sale Price
Bungalow	5	195,920	188,000	9	219,800	211,783	5	261,520	251,800
2 Storey/ 1.5 Storey	2	257,400	249,950	6	274,700	266,333	2	212,400	205,250

## Actives

	RAMSAY			INGLEWOOD			BRIDGELAND		
	# of Actives	Avg. List Price	Avg. Sq. Feet	# of Actives	Avg. List Price	Avg. Sq. Feet	# of Actives	Avg. List Price	Avg. Sq. Feet
Bungalow	7	196,628	859	9	257,343	893	4	274,900	891
2 Storey/ 1.5 Storey	7	306,642	1541	14	297,921	1606	3	538,266	1926

### ***RAMSAY SCHOOL***

*Brian Del Castillo, Principal*

We have made writing the focus of many of our efforts in March. In fact March Into Writing is the umbrella term we have used for many special activities at the school. Below you will see a number of pictures of our staff doing mysterious things in the school. We compiled all of the pictures and used them as story starters to encourage the children to write on March 10. The children were quite imaginative in how they tied together all of the stories. We also had the staff, mostly teachers, reacting strangely to the school bell suddenly ringing in the school on March 18. Once again the students were asked to write an explanation for the teachers' bizarre behav-

our. On March 19 all of the staff and students were invited to dress as their favourite book character. We had a fair share of Harry Potters, one Sherlock Holmes, a Paper Bag Princess, a Zane Grey cowboy and a pug with hypnotic eyes, a Roch Carrier hockey player and many heroes and villains.

You can see we are utilizing many creative strategies to enhance and encourage the students to write. I ask that you do the same at home with the children in your homes and in the community. We are all artists in some way and sometimes we just need that extra little spark to get the creative fires going.

**Ms. Young**



**Mr. Main**



**Mr. Villasor**



# PEOPLE IN RAMSAY

**Beth Carter**

*Ramsay is a diverse and historical inner-city neighbourhood, which is arts-friendly, family-based, and active. We are a village surrounded by green space in the midst of the city. In this monthly column, we will meet one person who helps to define our wonderful community.*

## **Roger Woodgate – Daring to be Different!**

It's hard to miss Roger Woodgate as he travels widely throughout our neighbourhood with his guide dog, Silken. Usually wearing a kilt (I'm not Scottish – it's just comfortable to wear!), and with his long curling hair, he is one of Ramsay's most distinctive community members.

Roger and his partner Darlene have lived on Scotsman's Hill in Ramsay since July 1991. Roger says he likes the openness on the hill – there's a lot of sunshine and not too many trees – but also access to the parks. He loves the closeness to downtown, and appreciates that he can walk to city hall in 30 minutes, and he has several different routes to choose from. He does wish we had a better bus service with a more regular schedule.

Originally from Eastbourne, Sussex in England, Roger immigrated to Canada in 1964 and has just celebrated his 40<sup>th</sup> anniversary here. He came the old-fashioned way, by boat, landing in Halifax Harbour and travelled to Hamilton for two years before settling in Calgary.

He studied as a physiotherapist in England at a special school for the blind. This was one of the standard careers that they channelled blind people in. Upon arriving in Calgary, he set up his own successful business, eventually retiring in 1991. He also got into property ownership in the late 1960s, and owns several apartment buildings in Calgary, although he no longer takes care of the property management himself.

But Roger is not slowing down! He has been singing in barbershop quartets since 1975. A patient got him interested and convinced him to try it. He has been singing ever since and is currently a member of the Mountainaires. They have been very busy lately, singing in churches, nursing homes, and trade fairs.

Roger is also an active member of several committees. He has been on the Pathways Advisory Council for 10 years, and is also their representative on the River Valleys Committee. For the City, he is on a committee looking at accessibility for persons with disabilities, and sits on the access design sub-group. This has led to his participation in the Nose Hill natural area committee.

Even with this busy schedule, Roger and Darlene still find time to go biking on their bicycle-built-for-two, or skiing in the mountains. I have even seen Roger gallivanting on the monkey bars with one of his two grandchildren!

He has had Silken, his yellow lab guide dog, for 7 ½ years now. After retiring, he decided that he would like the companionship of a dog. She came from a special facility in California, and Roger spent a month there with Silken so she could train him!

Roger loves living in Ramsay, but has just one request - he wishes that people in Ramsay would shovel their snow and clip their trees and hedges off the sidewalk. Or else, he warns, you just might get a visit from the phantom pruner!

